



Moving Meditation Monday's

Moving Meditation Monday's with Pulelehua
Move to the sound of nature. Take time to dip your
toes in the sea. Heal, Move, Reflect, and Integrate
with this Mind, Body and Spirit.

ALL ARE WELCOME!

Monday's from 6:00- 7:00 p.m.
Sanctuary Ocean front Lawn
Beginning Monday, August 14.

*Suggested \$5 love donation welcome.

